

**ANNUAL REPORT  
QUÉBEC VETERANS FOUNDATION**



## MISSION:

The Québec Veterans Foundation is committed to supporting former military personnel of all ages in making a dignified and harmonious transition to civilian life.

Driven by a deep concern for their well-being, we understand the many challenges and realities they, and their loved ones, face on a daily basis. The programs and initiatives we support aim to restore their self-confidence and rebuild a sense of belonging, both of which are essential to breaking isolation and fostering full reintegration into society.

## VISION:

We believe it is essential that every veteran finds renewed purpose and defines personal goals during their transition to civilian life.

They deserve the same unwavering support they once offered to others, near or far, embodying with courage the core values that define Canada.

We sincerely believe that recognizing their service helps build stronger, more united, and more resilient communities.

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## ACT NOW TO BETTER PREPARE THE FUTURE.

Dear partners, members, and friends of the community,

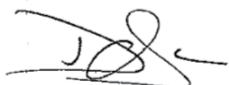
The past year has been marked by unprecedented challenges that tested our collective resilience and adaptability. In a philanthropic landscape shaken by economic uncertainty and a prolonged postal strike, we had to redouble our efforts to maintain strong connections with our donors, partners, and—above all—the veterans we serve.

Despite these obstacles, our commitment remained steadfast. The recruitment of new military personnel, combined with the aging veteran population, reminds us of the urgent need to better prepare for the complex and diverse needs of those who have served.

This annual report is a testament not only to the efforts of our team and volunteers, but also to the strength of our network and the relevance of our mission. It reflects our determination to act now with clarity, courage and solidarity to build a more just, inclusive, and responsive future for today's and tomorrow's veterans.

We sincerely thank you for your trust and unwavering support. Together, we will continue to make a difference.

With gratitude,



Dominique Chagnon  
Chairman



June McCabe  
Executive Director



## THE QVF TEAM

We are deeply committed to the well-being of veterans of all ages and backgrounds.

In collaboration with numerous partners, our team works to improve the quality of life of former military personnel and their loved ones - because no veteran should have to face the challenges of transitioning to civilian life alone.

Our team shares a personal and authentic connection with the military community: several of us are directly impacted by the service of family members. This closeness fuels our collective commitment and strengthens our determination to work, every day, for the well-being of veterans and their families.





## THE BOARD OF DIRECTORS

The Board of Directors is composed of dedicated volunteers from the military sector, the veteran community, and the business world.

Meeting five times a year, its members actively contribute to advancing the Foundation's projects, ensuring sound financial management, and guiding its overall strategy.

The Board plays a vital role in program oversight, risk assessment, strategic decision-making, and supporting the Executive Director to ensure the Foundation's objectives are met and its actions remain sustainable.



**CHAIRMAN**  
**Colonel (H) Dominique Chagnon**  
439<sup>th</sup> Squadron, Bagotville  
Chief of operations 174  
Coordinator RSMUEL/HUSAR  
Service de sécurité incendie de Montréal



**TREASURER**  
**Claude Thibault**  
Senior Vice President and Chief Financial Officer,  
Groupe Alithya



**VICE-CHAIR**  
**James Hewitt**  
President and Chief Executive Officer  
Hewitt Group Inc.



**SECRETARY**  
**Virginie Bernier-Bastien**  
Lawyer and Reservist



**VICE-CHAIR**  
**Raymond Mathieu**  
Financial Security Advisor,  
CRW Financial Group

## ADMINISTRATORS



**Pierre Ayotte**  
Consultant and Veteran



**Rémi Lecerf**  
Chief Executive Officer  
RL Consulting  
Veteran



**Sandra Dethier**  
Consultant and Veteran



**Lieutenant-colonel (ret.)**  
**Jean-François Provençal**  
Ex-Chief of Staff and Private Secretary  
Office of the Lieutenant Governor of Québec



**Lt (N) José Domingos**  
Operations Officer  
HMCS Montcalm, Royal Canadian Navy



**Dr. Geneviève Richer**  
Assistant Medical Director  
West Island CIUSSS  
Honorary Lieutenant Colonel of  
The 2nd Field Artillery Regiment, RCA



**Sterling Downey**  
City Councillor – Verdun  
City of Montréal



## FUNDED PROGRAMS

The transition to civilian life presents many challenges for a significant number of veterans and their families.

They come from diverse generations and backgrounds across Québec. Thanks to the support of the Québec Veterans Foundation, these former service members have access to a range of programs tailored to their specific needs.

In collaboration with health professionals at Sainte-Anne's Hospital and numerous partner organizations throughout Québec, we offer personalized care and specialized services designed to promote well-being and ease the adjustment to civilian life.

In 2024, the Foundation allocated \$302,000 to support partner organizations responsible for delivering program activities at Sainte-Anne's Hospital and in several regions across Québec.



### Les organismes-partenaires financés

Quatre-Chemin	Lavoie du Cheval
Morrow Consulting & Training Inc.	Dreams Take Flight
Adaptive Sports Foundation	Atelier du Vieux Corbeau
Hero Lodge	CASA
Jacques Bouchard, Speaker	Monarques Project
Heroes Mending on the Fly	
Annie Provencher Yoga	
EnergiZen Yoga	Rocky Music
CANAT	Entre Bonnes Pattes (Zoothérapie)
Équi-Sens	La Belle Visite (Dr Clown)
Veterans Transition Network	Ste. Anne's Hospital Recreational Services - Weekly activities Commemorations and events
Pepper Pod	

### À l'Hôpital Sainte-Anne:



## TESTIMONIALS FROM PARTNERS AND BENEFICIARIES



We thank the Quebec Veterans Foundation for the support, generosity, and flexibility it has shown toward our programs for veterans. It is difficult to capture in charts the profound impact that unfolds in the rooms where our programs take place with small groups of veterans across Canada. This impact is seen in the end of social isolation, the easing of guilt and trauma, and the rebuilding of family relationships. The true outcome is relief and hope for Canada's veterans. We thank you for working with us to make this possible in Quebec.

**Veterans Transition Network team**

"I suffer from physical pain, PTSD, GAD, and depression. Horses saved my life, and sharing these experiences means the world to me. Thank you to La Voie du Cheval for offering us this alternative path to awareness. Congratulations to the participants for your courage in being vulnerable."

**- Hélène, Veteran – 33 years of service, horse owner, participant in one of our programs**  
[Watch the video](#)



"A wonderful experience with extraordinary people. It allowed me to take time for myself with former colleagues, something I probably wouldn't have done on my own. Thank you to the committee members for welcoming me."

"Helps relieve PTSD, shift focus, and feel part of a group. The activity is very helpful."

**- Testimonials from two participants in Mending Heroes on the Fly**



## ACTIVITIES AND EVENTS

In the spirit of strengthening our ties with the Canadian Armed Forces, we participated in numerous activities alongside officer cadets from the Royal Military College Saint-Jean, the Royal Canadian Navy, the Royal Canadian Air Force, and the Canadian Army.

These initiatives complement our regular activities at Sainte-Anne's Hospital with resident veterans, as well as the many programs we fund across the province for veterans and their families.

The richness of intergenerational exchanges deepens our understanding of military realities and enables us to continuously adapt our programs to better meet the current and future needs of former service members, a commitment that remains at the heart of our daily mission.

- ▶ Easter event with Fort-St-Jean Chapter and cadets
- ▶ Conference relate to the 80th anniversary of the Invasion of Normandy
- ▶ Visit from the Blackwatch



**Invasion of Normandy 80th**



**Blackwatch Christmas Visit**

- ▶ Bombardier employees' volunteer day
- ▶ Ypres Parade (Verdun)
- ▶ Canada Day (Otterburn Park and Boucherville)
- ▶ 14 Commemorative events including activities at Ste. Anne's Hospital



**John-Abbott College Commemoration**



- ▶ Unveiling of the Petite-Vallée cenotaph. This monument honours the soldiers from Gaspésie who fought in both World Wars and during the Battle of the St. Lawrence.
- ▶ Appreciation lunch for volunteers supporting Sainte-Anne's veterans
- ▶ Visit of veteran Jeanne Hart's Art exhibit in Huntingdon
- ▶ VAC's Women veterans' forum
- ▶ Our partner's Barry F. Lorenzetti's annual Gala
- ▶ Aero Montreal's Golf Tournament with Bell Helicopter
- ▶ Themed activities à Ste. Anne's Hospital : Halloween, BBQ, Corn roast, Mini farm, Gardening, etc.
- ▶ Participation in the Fort St-Jean Chapter's summer and winter reunions



**Womens Veterans' forum in Montreal with Minister Ginette Petitpas-Taylor**

- ▶ Veterans' Fairs in Cowansville (April) and Boucherville (September)
- ▶ Thunder ride event in Trois-Rivières
- ▶ Visit to the 25th Depot in Longue-Pointe
- ▶ Visit to our program partner Quatre-Chemins new workplace
- ▶ Participation in the Truth and Reconciliation Day ceremony and tour of HMCS William Hall



**Visit to the HMCS William Hall Icebreaker**



**Veterans Fair**



## RESULTS FOR THE FISCAL YEAR ENDED DECEMBER 31, 2024

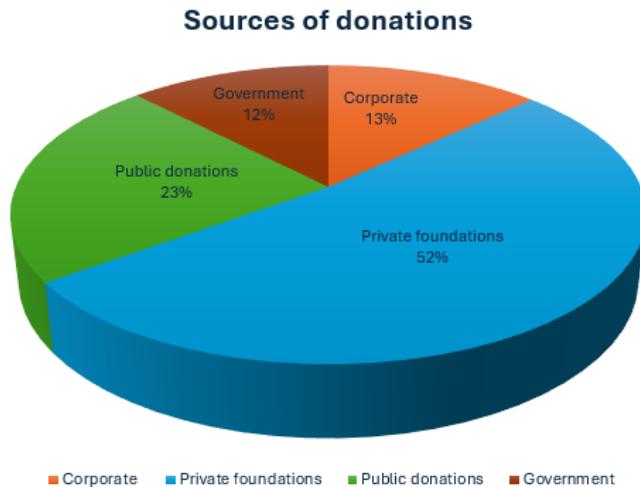
	2024	2023
<b>REVENUE</b>		
Donations and bequests	526,615	593,122
Management income	51,430	16,000
Salary subsidy - Emploi Québec	-	4,535
Other revenue	-	100
<b>Total</b>	<b>\$ 578,045</b>	<b>\$ 613,757</b>
<b>EXPENSES</b>		
Salaries and wages	254,783	232,280
Professional fees	34,012	20,375
Events	-	20,111
Fundraising	17,459	15,479
Administration	9,171	10,245
Office supplies and equipment	2,568	5,018
Amortization of assets	3,337	3,498
<b>Total</b>	<b>\$ 321,330</b>	<b>\$ 307,006</b>
<b>EXCESS OF REVENUE OVER EXPENSES BEFORE ALLOCATIONS</b>	<b>\$ 256,715</b>	<b>\$ 306,751</b>
Women veterans' program	(109,071)	(142,182)
OSI - Support program	(93,719)	(113,819)
Veterans' program - SAH	(55,350)	(65,312)
Commemorative program	(17,027)	(10,82)
Veterans and their families' program	(26,755)	(38,674)
<b>Total - allocations</b>	<b>(301,22)</b>	<b>(370,869)</b>
<b>SURPLUS/DEFICIENCY OF REVENUE OVER EXPENSES</b>	<b>\$ (45,207)</b>	<b>\$ (64,118)</b>



## ACKNOWLEDGEMENTS TO OUR DONORS

Thanks to the support of our donors and government grants, the Québec Veterans Foundation is able to fund programs that make a meaningful difference in the lives of former military personnel and their families.

**A heartfelt thank you to each and every one of you.**



### \$ 50,000 plus

Barry F. Lorenzetti Foundation

Hewitt Foundation

Veterans Affairs Canada

### \$ 25,000 plus

John Patrick Colfer Family Foundation

True Patriot Love Foundation

The Tenaquip Foundation

Pratt & Whitney Canada

James Hewitt

### \$ 10,000 plus

Rheinmetall Canada inc.

TOP ACES

Intact Assurance

Estate of Margaret McKEE

### \$ 5,000 plus

Lagabière, Microbrasserie inc.

War Memorial Library Hudson Heights

Dal Hyung Cho

George Hogg Family Foundation

McAusland Charitable Donation Fund

Jean Vaillancourt

### \$ 1,000 plus

Gouvernement du Québec

Christopher Winn

Beaconsfield Oldtimers Hockey Association

The Highwater Foundation

Maria Tutino

Royal Canadian Legion, Branch #115

The Mireille and Murray Steinberg Family Foundation



## ACKNOWLEDGEMENTS TO OUR PROGRAM PARTNERS

A heartfelt thank you to our exceptional partners, whose support makes it possible for us to fulfill our mission—restoring hope to veterans and helping them break the cycle of isolation.

Their families, a vital pillar in their journey and well-being, also benefit meaningfully from our programs, which are thoughtfully designed to support them.





## HOW TO GIVE – WHY GIVE?

Every contribution—big or small—to the Québec Veterans Foundation has the power to truly change the lives of veterans and their families.

Your generous donations fund programs that are essential to their mental and physical health, while also strengthening a sense of community and supporting the reintegration of those who have served our country with courage.

Our work helps build a future where veterans are supported and respected throughout their transition, and where their dedication to our nation is honored.

Because acting now is the key to preparing for tomorrow.

Be part of the solution—help build stronger veteran communities!

## To support our mission:



### ONE-TIME DONATION

By contributing, you are supporting veterans in their transition to civilian life, as well as contributing to the well-being of veterans living at Ste. Anne's Hospital.



### IN MEMORIAM DONATION

Donate in honour of the memory of a departed individual. Upon reception of your donation, the Foundation will advise the grieving family of your gesture, without mentioning the amount of your gift.



### PLANNED GIVING

Leave your mark by donating part of your inheritance as a charitable gift in your will, by donating a life insurance policy, securities, property, and other personal possessions of value, while benefiting from significant fiscal advantages for you and your estate.



### DONATION OF SECURITIES

In addition to making a tangible contribution to furthering the Foundation's mission, you will receive a tax receipt for the value of the security at the closing price of the day, and you will not pay tax on the capital gain.



### DONATE AT WORK

A payroll donation plan is a simple and easy way to make a difference!



### PLEDGE A DONATION

Plan a donation to the Quebec Veterans Foundation today, which will be actualized at your convenience.



### RECURRING DONATION

By contributing on an ongoing basis, you are helping decrease our administrative costs.



### ORGANIZE AN EVENT

Organize an activity to help raise awareness and funds for veterans! We share all events on social media!



# QUEBEC VETERANS FOUNDATION

## QUEBEC VETERANS FOUNDATION

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**PLEASE DONATE TODAY.  
EVERY ACTION COUNTS.  
[fqv-qvf.ca/en](http://fqv-qvf.ca/en)**

